



Anna Kalvelage

From my very first encounter with the mandala, Tibetan Energy Work (TE®) has captivated me.

For me, TE® is both map and path at the same time. It provides a key to understanding life's connections and opens many gateways that invite us to get closer to our true nature and our freedom.

It fills me with profound joy and gratitude to share this precious gift and to bring this method to the world.

Contact

Anna Kalvelage
Mehringdamm 43
10961 Berlin

+49 178 7856321
kontakt@annakalvelage.de

Registration for the training
welcome@tibetische-energiearbeit.de

Further information
www.tibetische-energiearbeit.de



Tibetan Energy Work

based on the system
of the 24 inner lights



Practitioner Training in Berlin
Start: February 2027

Training

Instructor Anna Kalvelage
Co-Instructor Rolf Bergmeier
Assistants Anna Baumgart
Tonia Aurfali-Lindner

Dates

February 5-7, 2027 (basic weekend)
April 1-4, 2027 (4 days)
May 24-29 2027 (summer week)
August 19-22, 2027 (4 days)
Total duration of training 16 days

Location

Grüne Oase
Zur Grünen Oase 1
14656 Brieselang OT Bredow
*80 train min / 45 car km
from Berlin main station*

Course Fee

total, incl. 1st weekend: 3.520 €
1st weekend only: 440 €
Accommodation and meals are available
but not included.
*Payment in installments / reduced fees
can be arranged.*

**The basic weekend is an invitation to
get to know both each other and the
practice of TE®.**

**By the end of the weekend you can
decide whether you wish to commit
to the full training.**

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Tibetan Energy Work (TE®) distinguishes between 24 energy channels or organs. Each of these can be addressed through specific points on the body. During a session, the client lies on a mat while the practitioner works with the corresponding points. This creates a deep connection of two energetic systems. Silence and connectedness allow profound healing transformation and integration.

**In the human energy system
all wisdom is contained.**

Content of the Training

- The 24 Organs
The main focus of the training lies on learning, understanding and experiencing these 24 inner energy sources with their themes, potentials, treatment points, symptoms, and cascades.
- Origin and history of the method
- Diagnosis, treatment and exchange
- The 4 levels
- The 6 waves and 2 pyramids
- The 7 subtle bodies
- Treatments according to the "left and right eye"
- Complementary organs and axes
- Correspondence of organs and vertebrae
- The Tibetan calendar of the 24 organs (Chi Chai)
- Questions arising from practice

The training is intended for those who are on a path of luminous healing, who wish to accompany others with compassion using this method, and who are ready to embrace their own profound processes.